

Abstract

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Margareta Karlsson RN, MNSc, PhD Caring Science, senior lecturer¹⁾

Anne Kasén RN, MNSc, LicNsc, PhD Caring Science, associate professor²⁾

1) Department of Health Care Sciences, University West, SE-461 86 Trollhättan, Sweden

2) Faculty of Professional Studies, NordUniversity, PB 1490, NO- 8049 Bodø, Norway

Health care providers becoming as human beings in end-of-life care - a tentative theory model

Abstract

Aim: The aim is to elucidate dimensions in a tentative theory model of health care providers becoming as human beings in end-of-life care.

Health care providers as fellow human beings are vulnerable and caring for patients at the end-of-life is usually something that not goes without a trace for health care providers. The awareness of death can give meaning and understanding of one's own life. Health care providers' existential situation has received small extent of attention.

Design, methods and approach: A caring science perspective-based on Eriksson's theory of caritative caring, was used to reveal dimensions of health care providers becoming as human beings. The material consists of two substudies with interviews, one meta-synthesis and three focusgroups interviews with a total of 1635 nurses. In the interpretation of the material a hermeneutic overall approach was chosen.

Result: The theory model indicates that health care providers in a caring communion in end-of-life allows contact with life and oneself as human beings. It is an inner awakening for health care provider as human beings, an inner movement to the awareness to be able to love unselfishly in the caring of patient. When health care providers get contact with life and oneself as human beings they struggle to be reconciled with their own life situations. Becoming, as human beings can be revealed as an understanding of life and feelings of inner strength and happiness as human beings and as health care providers in end-of-life care.

Conclusion: The dimensions of the theory model can give a deeper understanding of health care providers becoming as human being. In caring community health care providers can experiencing difficult situations where there inner as human beings will be touched and

existential questions raises about health and suffering, dying and death. Becoming as human beings and health care providers in caring communion is to be at home in ethos, love, charity and reconciliation.